



FAMILY TRADITIONS, HEALTH, AND ENVIRONMENT

Saturday, May 18, 2019; 9-5 PM

**Room 115, Charlton College of Business, University of Massachusetts
Dartmouth, Parking lot 13**

Human health and environment are affected by human activities and vice versa. India family system and traditions are philosophical expressions of Vedic way of life that declares *vasudhaiva kutumbakam* or the consider the entire planet as a family. As the modern world progresses with different developmental models, and as the opportunities arise throughout the world, the traditional family structure and practices are bound to change. There are advantages and disadvantages of new and altered family systems that have implications to the environment through use of natural resources for housing and other structures, and to the health through stress in management of various responsibilities. Studies have shown that social interactions are important to body physiology and genetics, in addition to business and politics. Ayurveda, literally meaning knowledge of life, can hold the key to health and all other aspects of life, and needs examination for developing better lifestyle to retain good health and purposeful life.

A group of scholars from different background will discuss various aspects of Indian family system and practices for healthy and sustainable life.

Tentative list of Speakers:

Shri Braham Aggarwal, Orlando, FL

Swami Yogatmananda, Vedanta Society, Providence, RI

Dr. Bhakti Niskama Shanta, Sri Chaitanya Saraswat Institute, India

Dr. Kumar Nochur, Para Vidya Publishers, Newton, MA

Shri Ishvar Patel, Dartmouth, MA

Professor Bal Ram Singh, Institute of Advanced Sciences, Dartmouth, MA

Professor Ram Jayasundar, All India Institute of Medical Sciences, New Delhi, India

Pandit Ramadheen Ramsamooj, 3 R Foundation, Dartmouth, MA

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